

**SESSION LOG**

Event: \_\_\_\_\_ Date: \_\_\_\_\_

Track: \_\_\_\_\_ Length: \_\_\_\_\_ Car: \_\_\_\_\_

Driver: \_\_\_\_\_ Crew: \_\_\_\_\_

Time Start: \_\_\_\_\_ End: \_\_\_\_\_ START \_\_\_\_\_ END \_\_\_\_\_ START \_\_\_\_\_ END \_\_\_\_\_  
 Temp Air: \_\_\_\_\_ Track: \_\_\_\_\_ LF PRESSURE RF PRESSURE  
**Weather** sun cloudy rain dry hot mild cold OUTER CENTER INNER INNER CENTER OUTER  
 Tires: slicks grooved rain LF END TEMPERATURE RF END TEMPERATURE  
 Fuel full \_\_\_\_\_ Added: \_\_\_\_\_ START \_\_\_\_\_ END \_\_\_\_\_ START \_\_\_\_\_ END \_\_\_\_\_  
 Oil Temp: \_\_\_\_\_ Added: \_\_\_\_\_ LR PRESSURE RR PRESSURE  
 Water Temp: \_\_\_\_\_ Added: \_\_\_\_\_ OUTER CENTER INNER INNER CENTER OUTER  
 LR END TEMPERATURE RR END TEMPERATURE

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# Session Checklist

## CAR

- Fuel
- Engine Oil
- Transmission Oil
- Water
- Brake Fluid
- Clutch Fluid
- Radiator Clear
- Brake Pads
- Correct Gears for Track
- Battery Charged
- Pit Battery
- Seat Clean and Dry
- Carb Cover Removed
- Mirrors Clean
- Break Lights
- Jackstands Clear
- Spark Plug Wires
- Fire Extinguisher
- Wheel Pins / Locks
- Safety Wires
- Body Clamps Secured

## DRIVER

- Suit & Fireproof Undergarments
- Shoes
- Gloves
- Helmet
- Helmet Visor Clean
- Visor Tear Offs
- Arm Restraints
- Seat Belts Lose for driver
- Pedals Clean (no oil/grease)
- Seat Belts Tightened
- Radio Volume and Check

## PIT

- Lap Board
- Lap Stopwatch / Timer
- Lap Record Sheets
- Session Record Sheets
- Pressure Gauge
- Air Pressure Tank
- Pyrometer
  
- Wheel Torque Wrench
- Backup Battery
- Engine Fuel Supply
- Engine Oil spares
- Brake Fluid spares
- Clutch Fluid spares
- Engine Water Supply
- Stop Lamp spares
- Visor Tear Offs spares
- Wheel Pins / Locks spares
- Body Clamps / Tie Downs spares
- Plastic Tie Downs spares
- Jack
- Jack Stands
- Gloves
- Towels
- Hand Cleaner
- Visor Cleaner
- Tool Assortment
  
- Chairs
- Drinking Water / Soda / Snacks
- Umbrella
- Ice Chest

## PRE-RACE / OVERNIGHT

- Radio Batteries CHARGE
- Pit Cart Battery CHARGE
- Car Battery CHARGE

Use CHECKLIST to double check pre-travel preparation and packing.

